



WHAT TO PACK FOR WAVE WEEK!

- **Linens** (sleeping bag or twin sheets with blanket; pillow and pillow case; towel)
- **Toiletries** (toothbrush, floss, soap, shampoo, deodorant, sunscreen, and other personal items)
- **Shower Shoes** (flip flops or something similar)
- **Medicines** (over-the-counter and prescription medications you take on a regular basis – remember that you must keep and administer these medications yourself and we cannot do it for you)
- **Alarm clock** (or one on a cell phone)
- **Casual clothes** (shorts, t-shirts, etc. Skirts might be uncomfortable, as we do some activities while sitting on the floor. While we do not have a dress code, we ask that you be respectfully dressed and not wear anything you wouldn't wear to school.)
- **Sneakers** (or at least one pair of “closed-toed” shoes, as most of our off-campus service sites require these for entry)
- **A pair of long pants** (you may need them for your service project)
- **Sweatshirt** (The classrooms and dorm rooms ARE air conditioned—you may get chilly.)
- **Reusable cup or bottle to refill with water** (It is important to stay hydrated in the heat! Please make sure your full name is on it.)
- **Talent show supplies** (Bring your musical instrument, your voice, your acting skills, your dancing shoes, your sense of humor, your slam poetry, your kazoo or anything else to contribute to our talent show! The talent show is always huge fun and we want to continue that tradition. Be creative, start planning, and have fun with it!)
- **Clothes for the dance – a Luau!** (Ladies, please no bathing suits.)
- **Money for snacks and souvenirs** (All of your meals are covered if you are an overnight camper, but in case you want to use a vending machine or buy something in a campus store)
- **Camera** (You'll want to remember your amazing experience!)
- **Anything you want to do or share during free time** (books, cards, etc. We will provide board games and outdoor sports equipment.)

PLEASE DO NOT BRING laptops, other valuables, or large amounts of money. Spark the Wave is not responsible for lost or stolen belongings.